



Quick Reference Numbers

| Health Care | Education | Emergency | Legal | Basic Needs | Deployment and Family Readiness | Parenting | Abuse/Neglect | Marital/Family And Childcare | Financial |
|--------------------------------------|---|--|--|---|-------------------------------------|---|--|---|--|
| Patient Representative 772-4655 | Army Family Team Building 772-6710 | Fire 911 Non-Emergency 772-4131 | POA and Wills 772-5261 | Food Stamps And WIC 772-6557 772-6556 | OpREADY 772-0470 | New Parent Support Program 772-0748 | Social Work Services Fort Drum 772-4069 | Marital Counseling 772-5591 | Finance Office 772-5529 |
| Community Health Nurse 772-6404 | Multi-Use Learning Resource Center 772-9993 | Military Police 911 Non-Emergency 772-5156 | Tax Assistance 772-3703 | AER 772-6560 | Operation Military Kids 772-2919 | Single Parent Support Group 772-4244 | NYS Child Abuse and Maltreatment Register 1-800-342-3270 | Exceptional Family Member Program 772-5476 | Financial Readiness And Planning 772-6894 |
| Prescription Refills 772-3696 | Library and Education Complex 772-6878/8581 | Red Cross 772-6561 1-877-272-7337 | Legal Assistance Office 772-5261 | Loan Closet 772-6557 772-6556 | FRG Assistant Program 772-6363 | Baby Bundles 772-6799 | Family Advocacy 772-6929 772-2279 772-4244 | Family Life Chaplain 772-5540 | Employment Readiness 772-9611 |
| Urgent Care Center 772-5236 | Functional Academic Skills Training 772-0691 | Hospital In Alex Bay 482-2511 | JAG 772-3067 | Information and Referral 772-6557 | Family Life Chaplain 772-5540 | Mental Health 772-6890 | Alcohol Program 772-8801 | Child and Youth Development Services 772-8675/7900 | Food Stamps And WIC 772-6557 772-6556 |
| Guthrie Clinic 772-2778 | English as a Second Lang. 772-6799 | Hospital In Gouverneur 287-3760 | <div>Army One Source</div> <div>www.armyonesource.com</div> <div>User ID: army</div> <div>Password: onesource</div> <div>1-800-464-8107</div> <div>Phones and emails answered live by master's level consultants, 24 hours a day, 7 days a week, 365 days a year.</div> <div>Whether you're preparing for a new baby, dealing with relationship issues, preparing for deployment and reunion, getting out of debt, or buying your first car, Army One Source can help.</div> | | | | Jefferson County Victim's Assistance Center (Shelter) 782-1855 | CDC Central Registration 772-8675 | Loan Closet 772-6557 772-6556 |
| Community Mental Health 772-2778 | GED Study Program 772-4979 | Hospital In Lowville 376-5200 | | | | | Lewis County Opportunities (Shelter) 376-HELP | Family Child Care Program 772-6719 | Civilian Personnel Advisory Center 772-5122 |
| Preventative Medicine 772-6984 | Special Education EFMP Program 772-5476 | Hospital In Watertown 785-4000 | | | | | St. Lawrence Renewal Renewal Shelter) 379-9845 (Business) 265-2422 Evenings/Weekends | Behavioral Health 772-6890 | Tax Assistance 772-3703 |
| Tri-Care Info Line 1-877-874-2273 | School-Age Services 772-3535/8676 | Hospital Carthage 493-1000 | | | | | <div>ACS Information and Referral</div> <div>1-800-826-0886</div> <div>772-6557</div> <div>Fort Drum Website</div> <div>http://www.drum.army.mil</div> | | |
| CHAMPUS/ Tri-Care 772-5111 | School Liaison Officer 772-3214 | | | | | | | | |

OPERATION

READY

Resources for Educating About Deployment and You